

Arab Republic of Egypt
Ministry of Awqaf
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“Consolation” in the Glorious Qur’an

All praise is due to Allah, the Lord of all worlds, Who says in His Ever Glorious Book, **“We are well aware that your heart is weighed down by what they say* Celebrate the glory of your Lord and be among those who bow down to Him* Worship your Lord until what is certain comes to you.”** I bear witness that there is no god but Allah, and that Muhammad is His Servant and Messenger. May Allah’s Peace and Blessings be upon him, his Household, Companions and upon those who follow their path to the Day of Judgment.

Consolation is one of the noble Islamic values and virtuous human morals through which a person helps others overcome their sorrows and get over their pains. When contemplating the Qur’an, one finds it paying much attention to the value of consolation. The Almighty Allah Himself has consoled His Prophets and close servants of Him. We have the situation of our Prophet Muhammad (PBUH) when his people tortured him and rejected his call, Allah (Glory be to Him) consoled him by saying, **“Wait patiently [Prophet] for your Lord’s judgement: you are under Our watchful eye. Celebrate the praise of your Lord when you rise,”** i.e. be patient to the destiny decreed by Allah regarding the message He gave

you, and the suffering you will find from you people. You are in our protection and We save you.

When the Prophet felt sorrow for his people's rejection to follow the path of the truth, Allah consoled him saying, "**But [Prophet] are you going to worry yourself to death over them if they do not believe in this message,**" and said, "**[Prophet], are you going to worry yourself to death because they will not believe.**" These verses and other similar ones were revealed to comfort and console our Prophet (PBUH).

The Almighty Allah relieved the Prophet's heart and commanded him not to overburden himself saying, "**Your duty is only to deliver the message: the Reckoning is Ours,**" and said, "**You are not there to control them,**" that is do not overburden yourself; your duty is only to convey the message and clarify it. As for the guidance, it only comes from Allah Who says, "**You [Prophet] cannot guide everyone you love to the truth; it is God who guides whoever He will: He knows best those who will follow guidance.**"

When contemplating the Qur'an, one finds how did Allah comfort the mother of Prophet Moses when she was ordered to throw her baby (Moses PBUH) into the river. Her heart was about to break out of fear, but the Almighty Allah relieved her as He (Glory be to Him) said, "**We inspired Moses' mother, saying, 'Suckle him, and then, when you fear for his safety, put him in the river: do not be afraid, and do not grieve, for We shall return him to you and make him a messenger.'**" Then, Allah consoled her by bringing her baby back to her in a nice way as He the

Almighty said, **“We restored him to his mother in this way, so that she might be comforted, not grieve, and know that God’s promise is true, though most of them do not know.”**

The Qur’an narrates to us the way Allah comforted Mary (PBUH) when she was greatly troubled and said, **“I wish I had been dead and forgotten long before all this!”** Allah ordered an Angel to call upon her to comfort her as Allah said, **“But a voice cried to her from below, ‘Do not worry: your Lord has provided a stream at your feet* And, if you shake the trunk of the palm tree towards you, it will deliver fresh ripe dates for you* So eat, drink, be glad.”**

All praise is due to Allah, Lord of the Worlds; may Allah’s Peace and Blessings be upon Prophet Muhammad (PBUH), his companions and followers:

The forms of consolation are multiple: Consolation may be practiced through giving money, giving advice, showing sympathy and emotional participation, making *Du‘aa* (invoking Allah). The Qur’an tells us the story of Prophet Moses (PBUH) and the righteous man, when Prophet Moses left his town out of fear. He met that righteous man and told him his story with the Pharaoh. The righteous man comforted him saying, **“Do not be afraid, you are safe now from people who do wrong.”** Also, the Qur’an relates to us the Angels’ consolation for Prophet Lot (PBUH) when he was afraid of

his people. The Angels said, "Have no fear or grief: we shall certainly save you and your household."

Our Prophet (PBUH) commanded us to adhere to this noble value when he said, "He who has an extra mount should lend it to him who has none, and he who has extra provision should give it to him who has none." He (PBUH) also said, "He who likes Allah to deliver him from the calamities of the Day of Resurrection, let him either give respite to a debtor or grant him remission," and said, "Allah will always fulfill the needs of someone who fulfills the needs of his brothers."

When our Prophet (PBUH) settled in Medina, the immigrants came and said, "O Messenger of Allah! We have not seen a people more willing to sacrifice when having a lot, or better in giving help when they have little than a people among whom we have settled (i.e. *al-Ansar*). The Prophet (PBUH) also praised a tribe called *Ash'aryoun* for having this attribute. He (PBUH) said, "When the people of Ash'ari tribe ran short of food during the battles, or the food of their families in Medina ran short, they would collect all their remaining food in one sheet and then distribute it among themselves equally by measuring it with a bowl. So, these people are from me, and I am from them."

How much do we need to have the attribute of consolation in dealing with each other in order to foster love and fraternity, and strengthen our social relations!



O Allah, cement our hearts with love and remove hatred from our hearts!